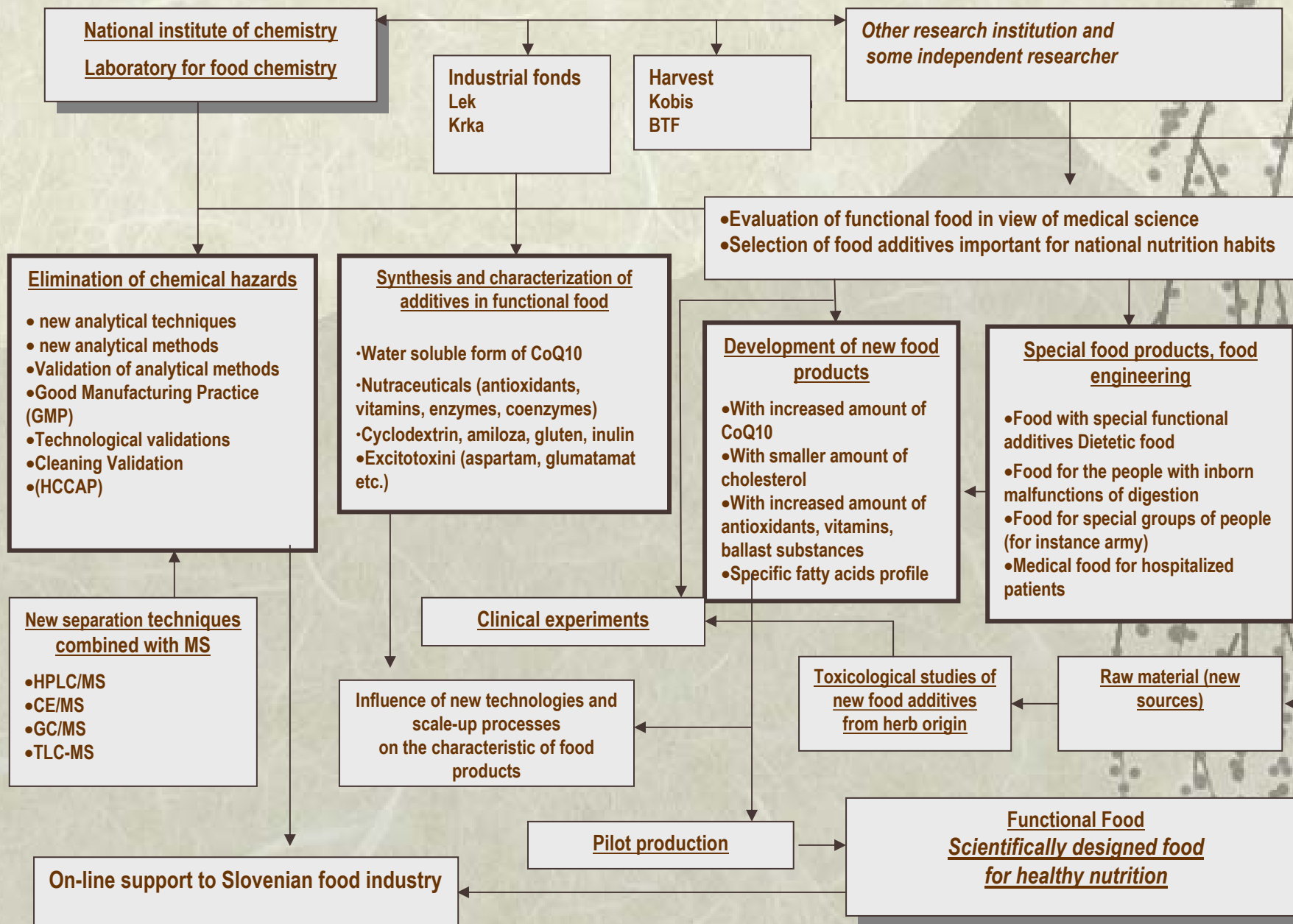
The background of the slide features a light beige, textured paper-like surface. On the right side, there is a dark silhouette of a tree branch with small, round berries. In the background, there are faint, layered silhouettes of mountain ranges.

QTLC characterisation of components in food

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Functional Food

❖ *Food is a delight*

Functional Food

Food scientists have to focus on developing products with the best:

- ❖ appearance
- ❖ excitement
- ❖ freshness
- ❖ convenience
- ❖ texture
- ❖ flavour
- ❖ maximum indulgence
- ❖ contaminant free
- ❖ long shelf life
- ❖ Etc.

FUNCTIONAL FOOD

Nowadays, consumers are much more aware of the importance of food contribution to;

- ❖ **improve quality of life**
- ❖ **health**
- ❖ **reduction of risk factors of chronic diseases**

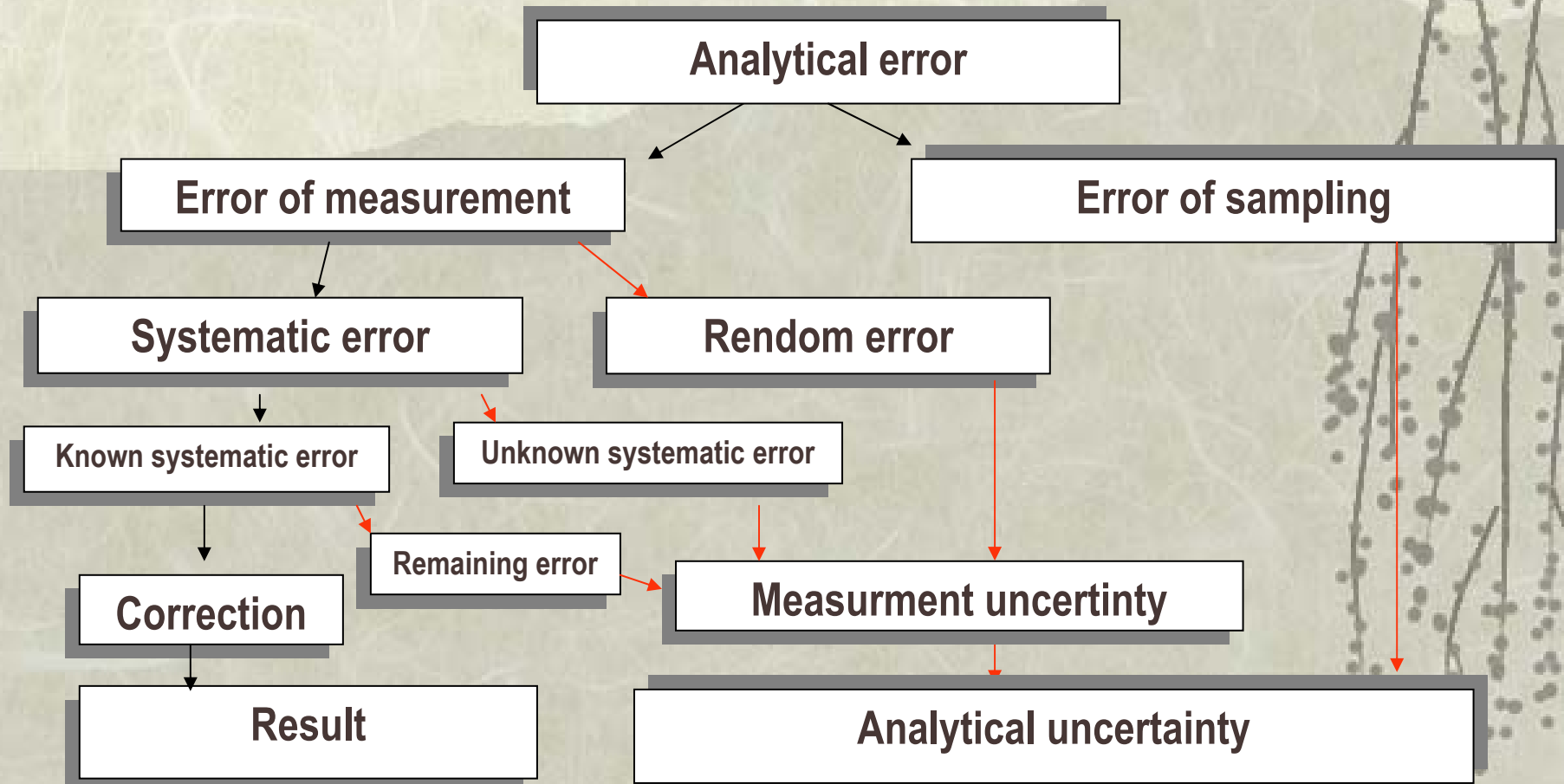
Confidence in analytical reports

- ❖ **Everyday, millions of analyses are carried out in industry, hospitals, research institutes, control laboratories etc.**
- ❖ **The results of chemical analysis are important factors for correct decision-making in many fields of human activities.**
- ❖ **Users need to be sure about the reported values.**
- ❖ **We have to demonstrate the quality in our work that inspire confidence in analytical reports.**

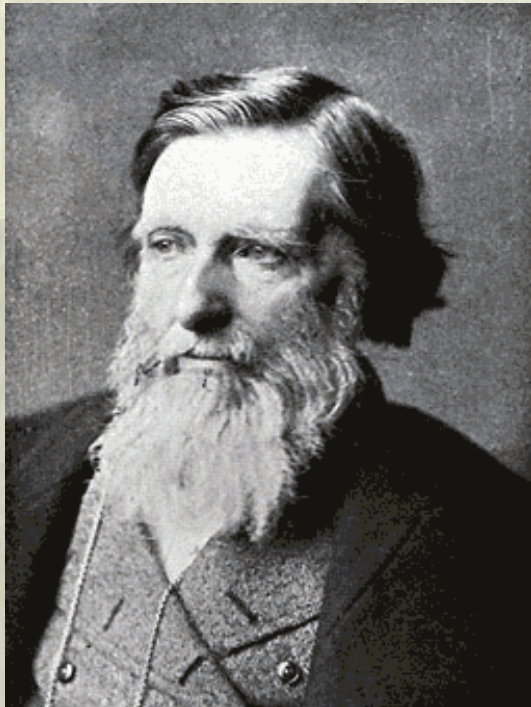
Analytical measurements

- ❖ **Reliable analytical result is not an easy request today.**
- ❖ **It was not easy thirty or more years ago, when analysts had no instruments, computers, and metrological standards.**
- ❖ **But analytical results were sound and decisions were correct. Where was the miracle? The answer is simple.**
- ❖ **In that time, analyst were familiar with analytical management. Analytical knowledge was oriented towards the understanding and the elimination of sample uncertainty and not into formalistic solutions of measurement uncertainty that are so popular today.**

Analytical uncertainty



Basic motto of Laboratory for Food Chemistry is



**“Quality is never an accident.
It is always the result of
intelligent effort.
There must be the will to
produce a superior thing”**

John Ruskin

Elimination of chemical hazards

- **New analytical techniques**
- **New analytical methods**
- **Validation of analytical methods**
- **Technological validations**
- **Cleaning Validation**
- **Good Manufacturing Practice (GMP)**
- **(HCCAP)**

**Synthesis and characterization of additives in
functional food**

- **Water soluble form of CoQ10**
- **Nutraceuticals (antioxidants, vitamins, enzymes, coenzymes)**
- **Excitotoxini (aspartam, glutamatamat etc.)**
- **Cyclodextrin, starch, amilose, gluten, inulin**

Development of new food products

- **With increased amount of CoQ10**
- **With smaller amount of cholesterol**
- **With increased amount of antioxidants, vitamins, ballast substances**
- **Specific fatty acids profile**

Special food products, food engineering

- **Food with special functional additives**
- **Food for the people with inborn malfunctions**
Ataxia, PKU
- **Food for special groups of people (for instance army)**
- **Medical food for hospitalized patients**
- **Dietetic food**

Analytical Equipment in L06 (and KI)

Separation techniques

TLC

HPLC

GC

CE

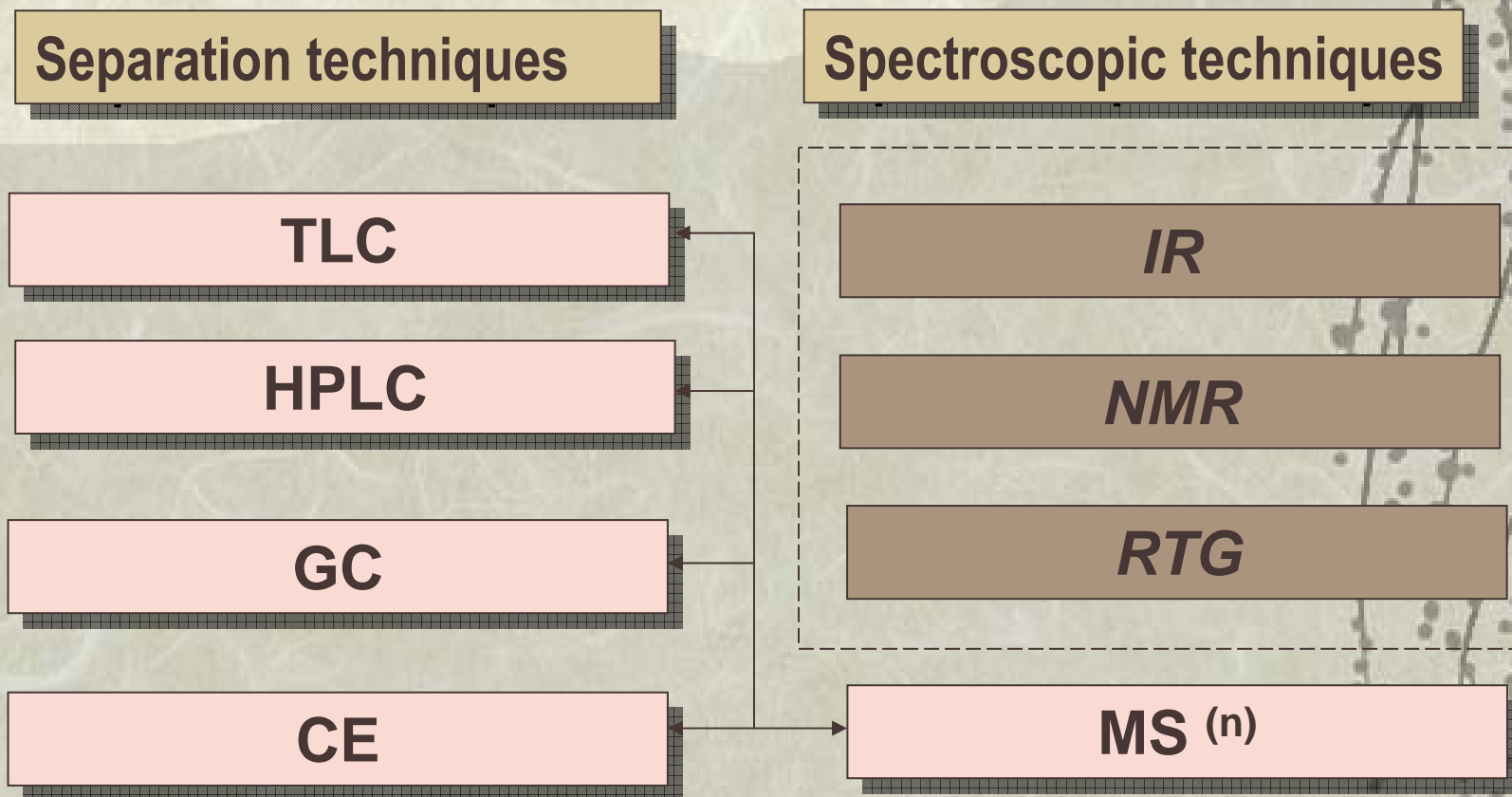
Spectroscopic techniques

IR

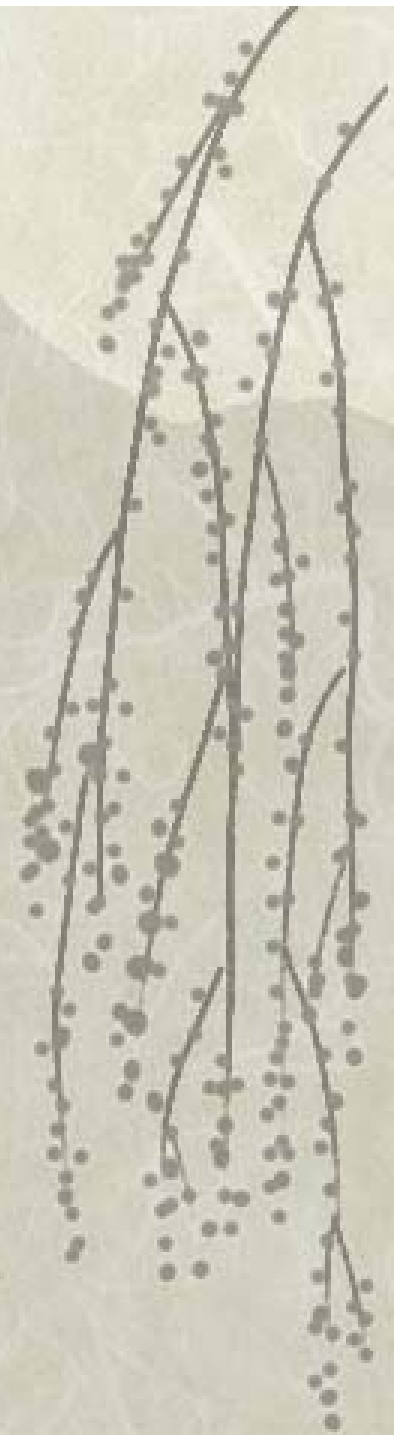
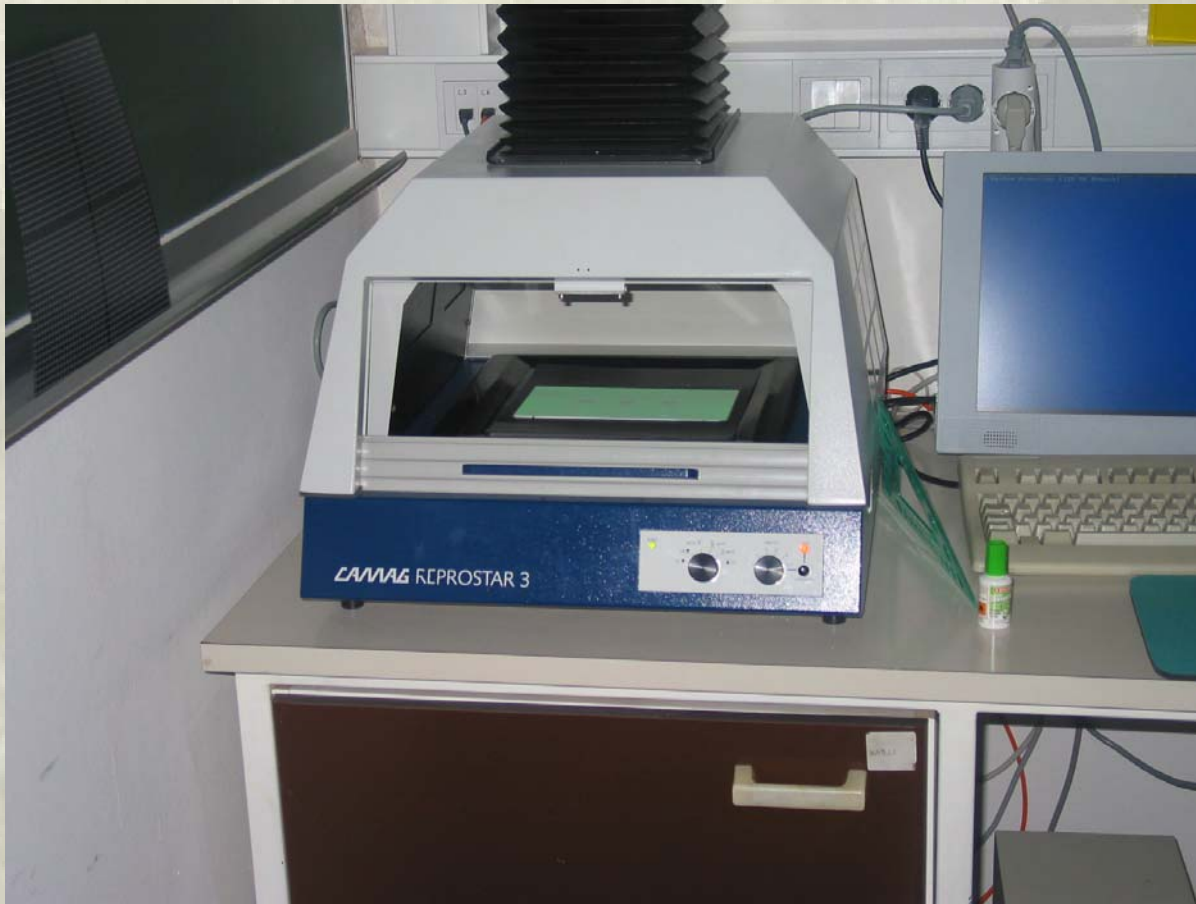
NMR

RTG

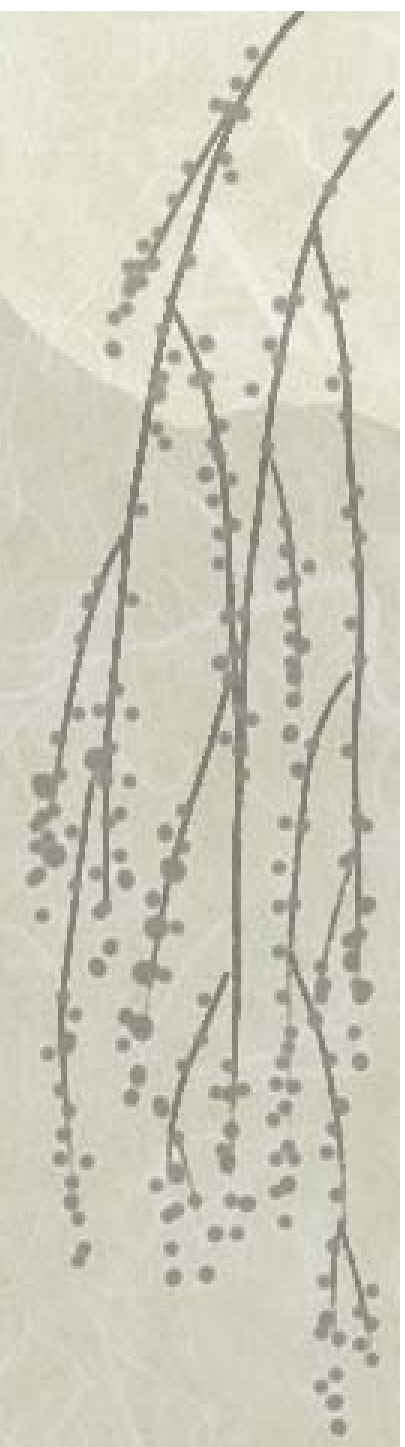
MS (n)



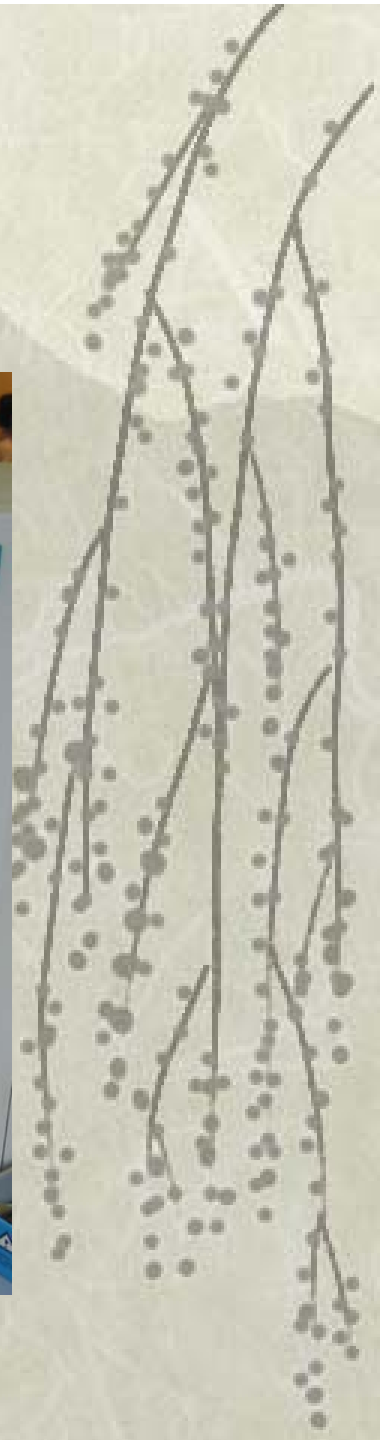
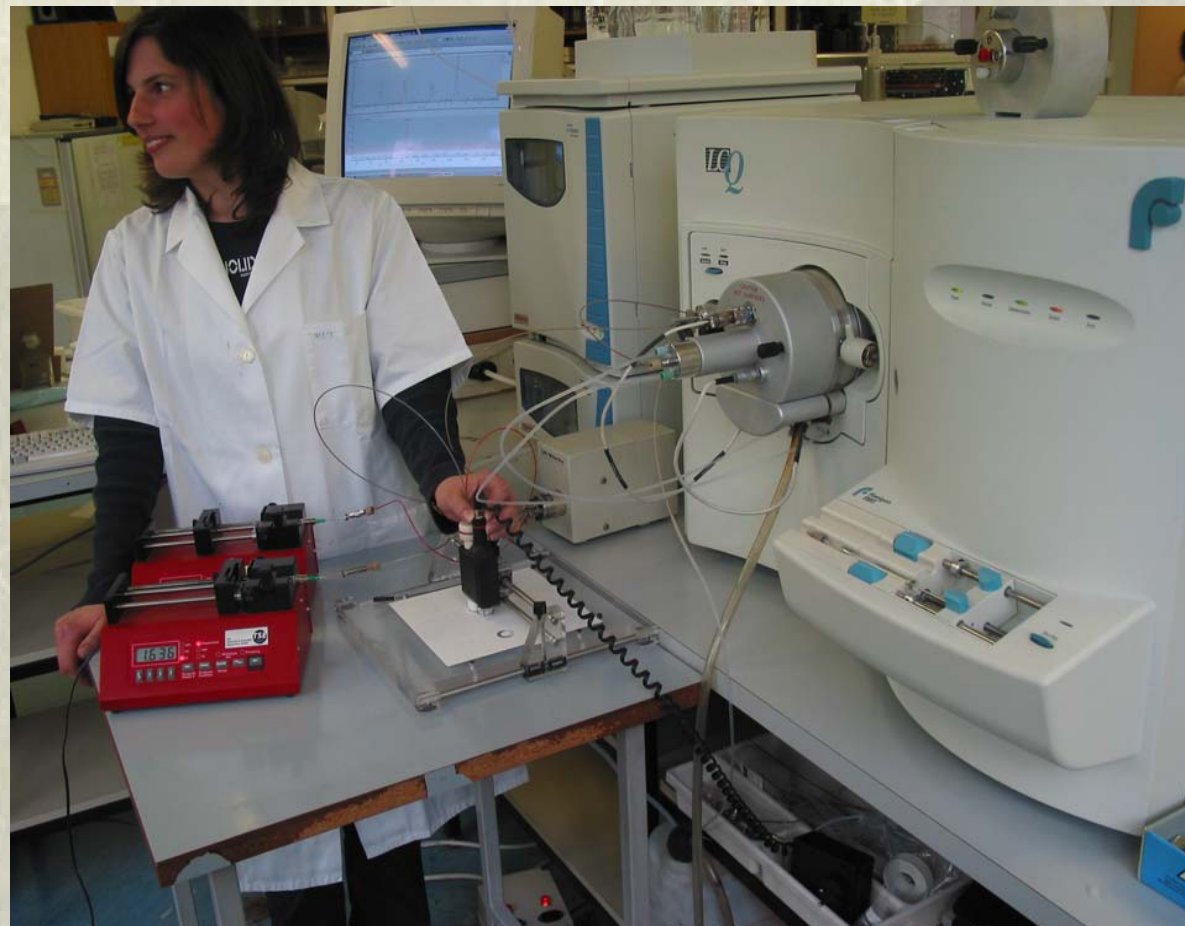
Video scanner



TLC dryer developed and constructed in KI



HPLC-MS system in L06



Analysis of food additives

Quantitative determination of

- ❖ CoQ10
- ❖ Inulin
- ❖ Aloin
- ❖ phenylalanine and tyrosine - *Phenylketonuria (PKU)*
- ❖ Fatty acide profile
- ❖ Glutamine
- ❖ etc

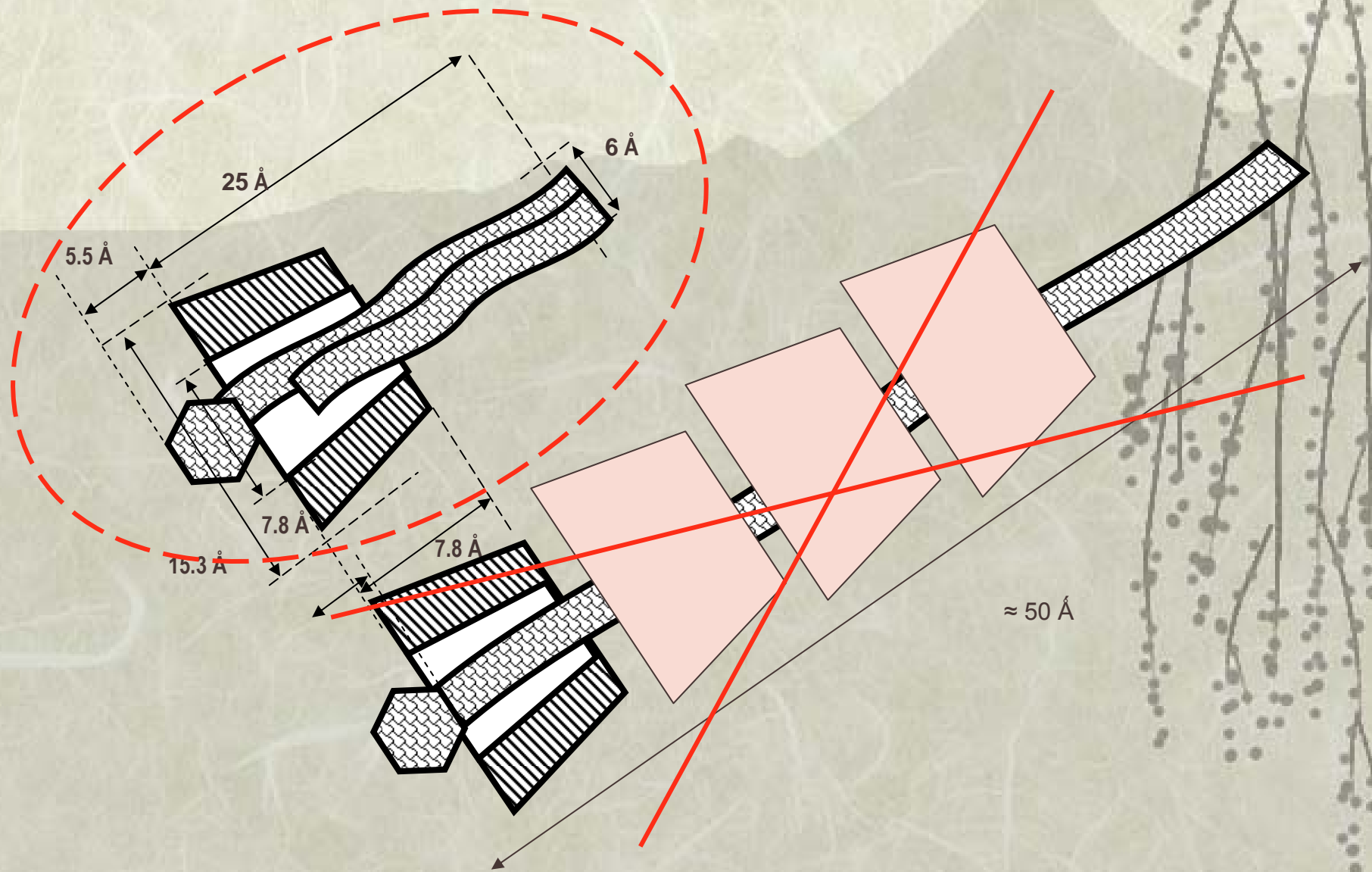
Coenzyme Q10 as a Food Additive

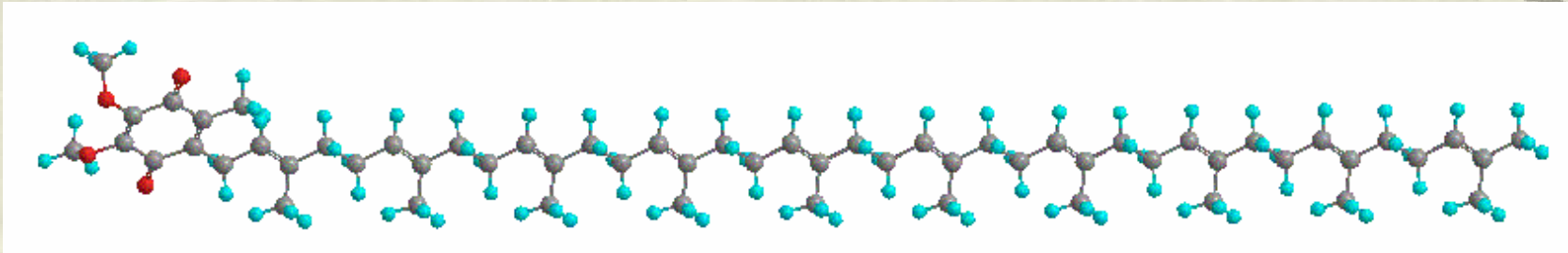
- ❖ **CoQ10 is essential compound for normal body function .**
- ❖ **The electron and proton transfer functions of the quinone ring are of fundamental importance to all life forms.**
- ❖ **CoQ10 is also in its reduced form a potent antioxidant.**
- ❖ **Normal levels in a body are maintained both by CoQ10 intake and by the body's synthesis.**
- ❖ **The biosynthesis of CoQ10 is a 17 step process**
- ❖ **This process is highly vulnerable as we become older. We don't manufacture enough CoQ10 and we have to increase the intake of ubiquinone.**
- ❖ **levels of supplementation are usually 30–90 mg per day.**

Preparation of CoQ10 - β -cyclodextrin complex

- ❖ We prepared many inclusion complexes of different molecules with antioxidants activities with different types of cyclodextrins.
- ❖ One of our most successful products is a water-soluble complex of CoQ10 with β -cyclodextrin (β CD).
- ❖ Our results show that CoQ10 molecule must be modified if we want to prepare a stable inclusion complex with β CD molecules.

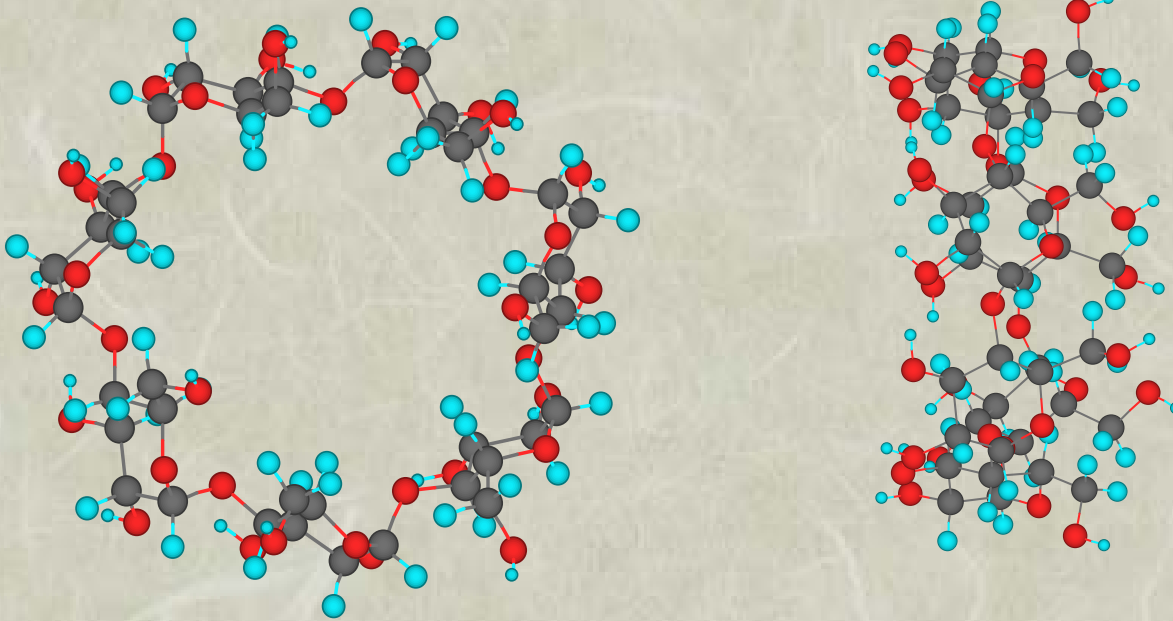
CoQ10- β CD complex

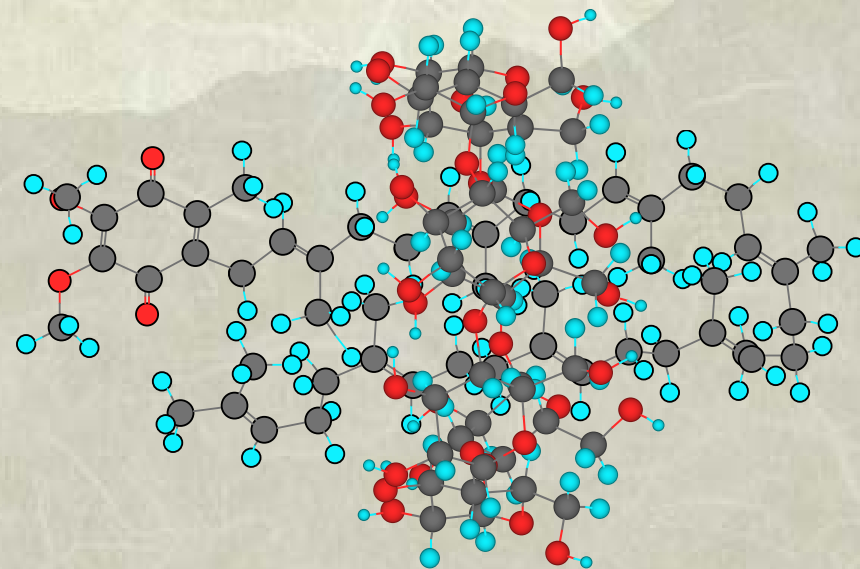




CoQ10 is long lipophilic molecule (50 Å)

β -cyclodextrin (modified starch) is a ring with water soluble outer side and lipophilic inner side.





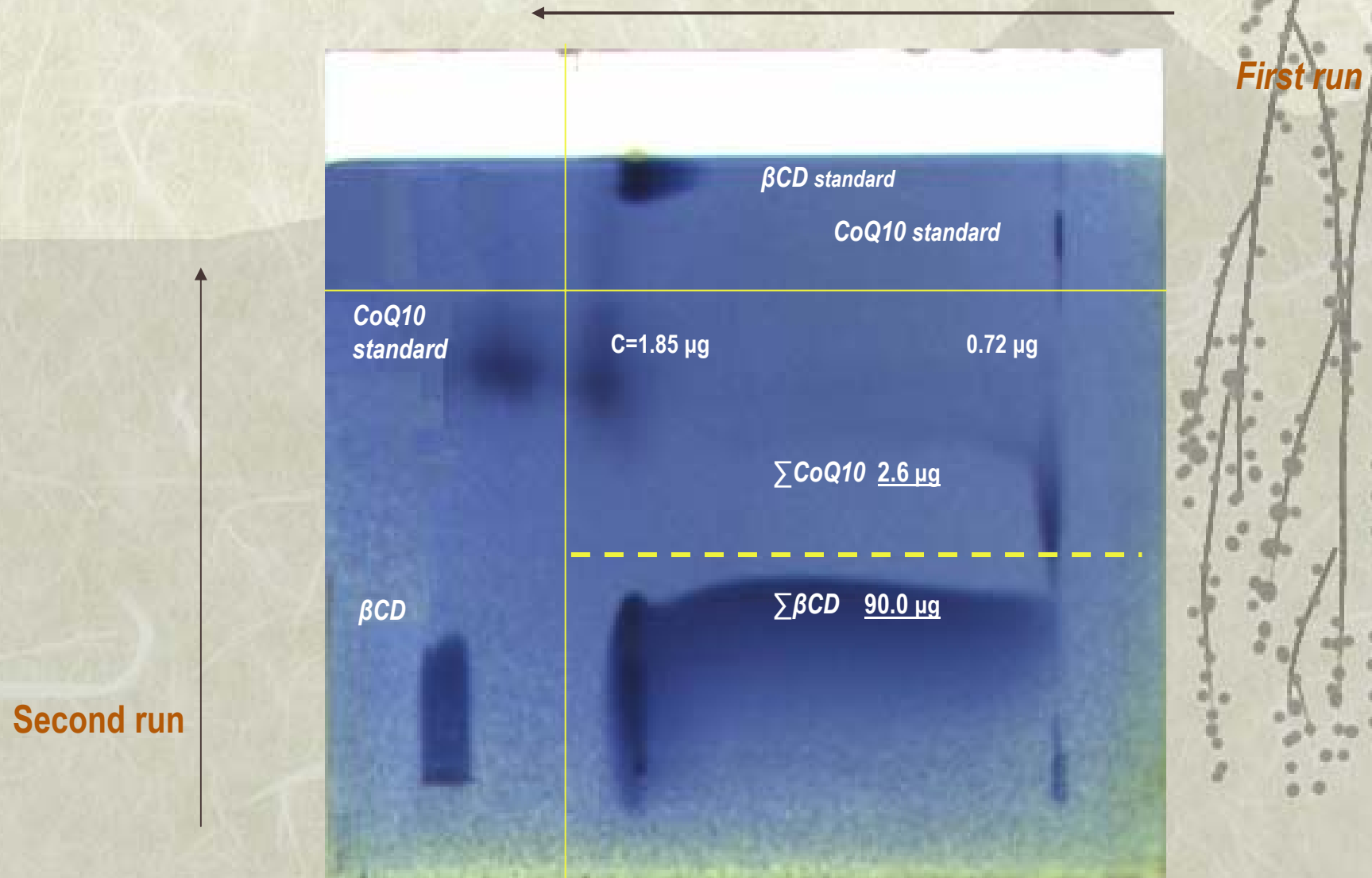
Inclusion complex

CoQ10- β CD complex

- ❖ Volume of the cavity inside β CD is about 373 \AA^3
- ❖ Volume of CoQ10 molecule with folded tail is 351.7 \AA^3 , length is 21 \AA , and calculated diameter is $4.6 - 5.0 \text{ \AA}$.
- ❖ Volume of not folded CoQ10 molecule is 682 \AA^3 , length 50 \AA , and diameter $4.0 - 4.5 \text{ \AA}$.
- ❖ Volume of head of CoQ10 is about 60 \AA^3 .

Values are calculated from the data taken from the literature

Two dimensional TLC separation of CoQ10- β CD complex

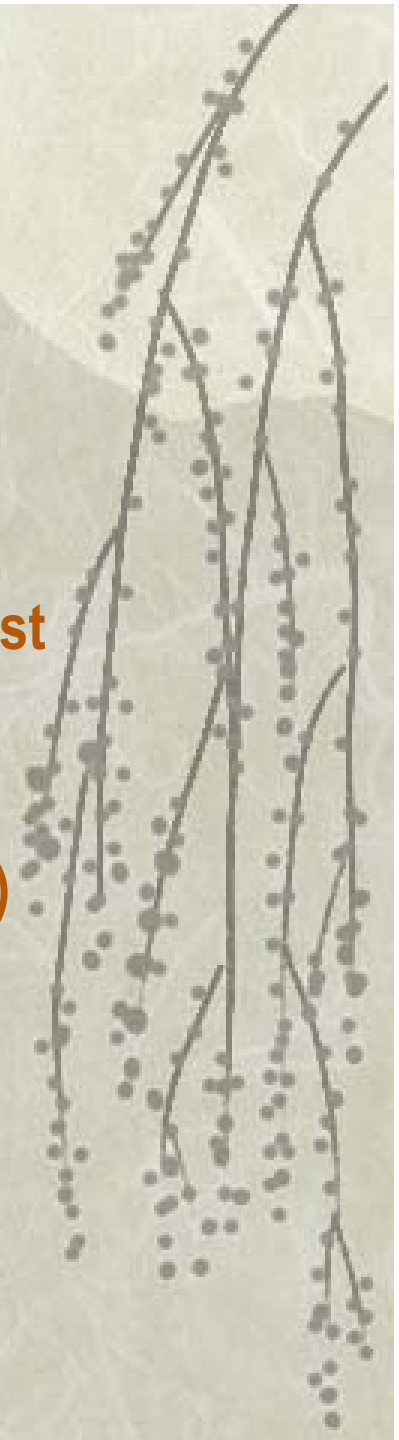


Two dimensional TLC separation of CoQ10- β CD

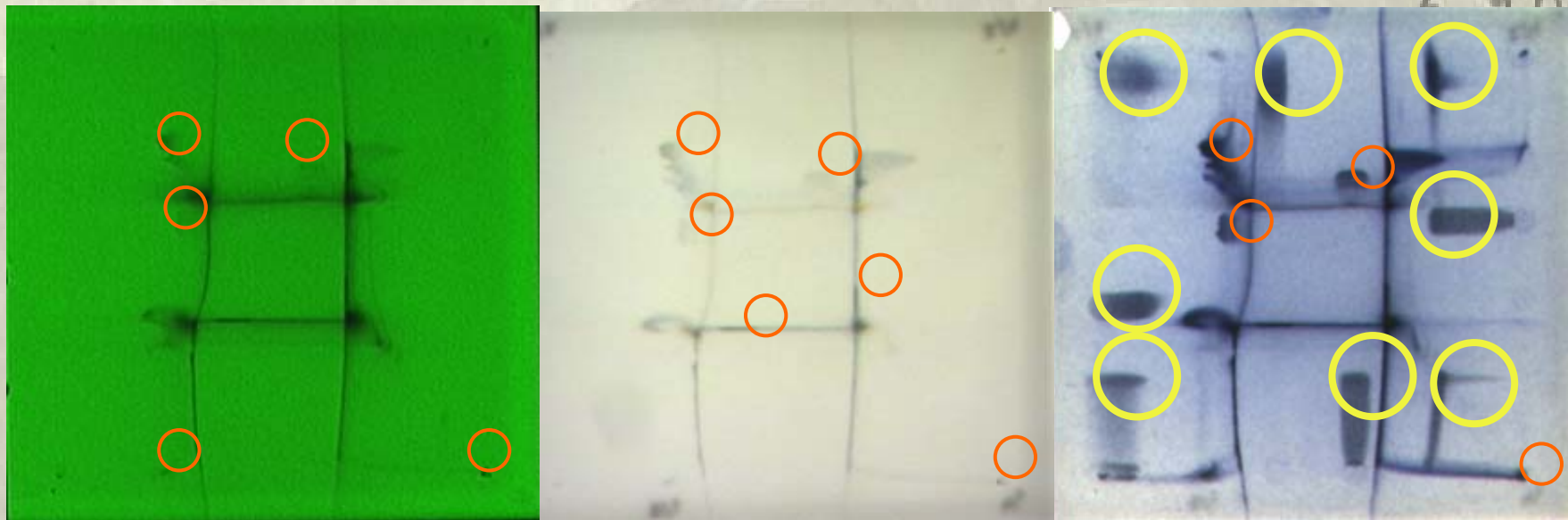
- ❖ In the corner 1, 8 μ L of complex was applied.
- ❖ Standard of β CD 6 μ L, (5 mg/mL) and standard of CoQ10, 4 μ L, (0.37 mg/mL) were applied on both side of the plate.
- ❖ In upper part on right side CoQ10 eliminated from β -CD during the chromatographic process
- ❖ on the left side CoQ10 forming stable complex with the β -CD are seen.
- ❖ In lower part of the plate is located β -CD. The spot in start position is β -CD and not CoQ10.

Multidimensional TLC separation

- ❖ figure B is scanned in UV
- ❖ figure C is scanned in VIS after visualization with first reagent
- ❖ figure D after second reagent.
- ❖ In figure A application positions of sample (corners) and standards (edges) are shown together with positions of developed spots, position of CoQ10 is marked with red circles.



Multidimensional TLC separation of CoQ10



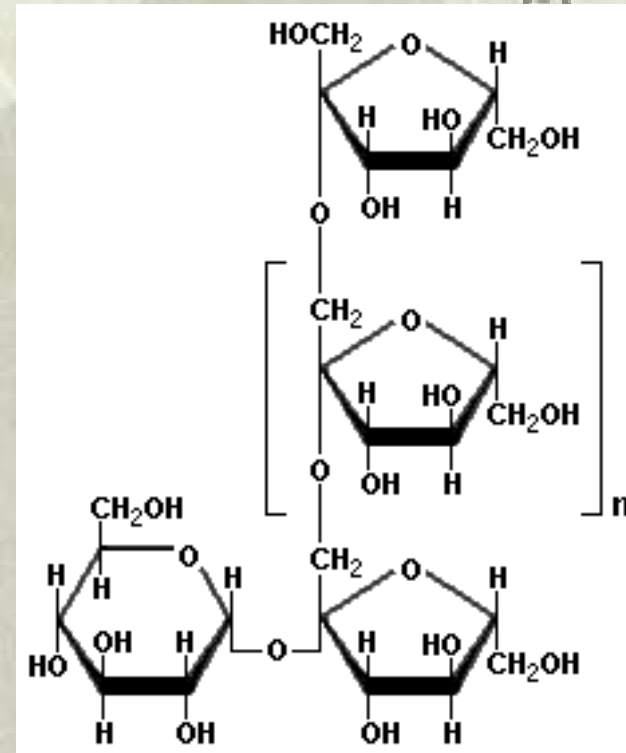
Quantitative determination of inulin

- ❖ **Quantitative analysis of inuline in food samples is not a simple task, it can be a real nightmare.**
- ❖ **It is possible to use indirect method. In which free sugars are quantified after the hydrolysis of inuline. Sugars are quantified with GC, HPLC or TLC. This method is not very accurate.**
- ❖ **We developed new straight methods for semiquantitative evaluation of inulina with TLC and quantitative evaluation with HPLC-MS**

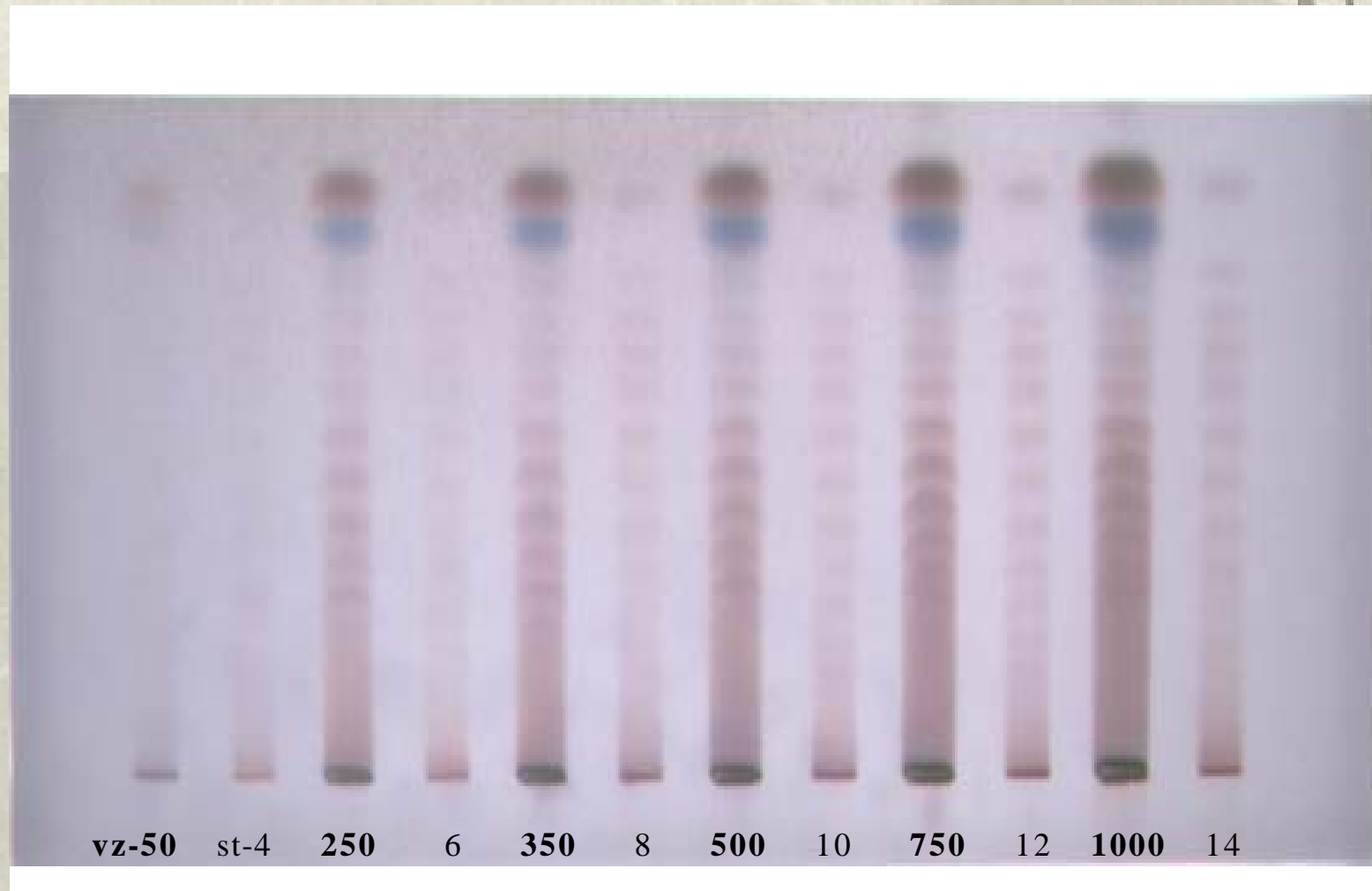
Inulin

Inulins are polymers consisting of fructose units that typically have a terminal glucose.

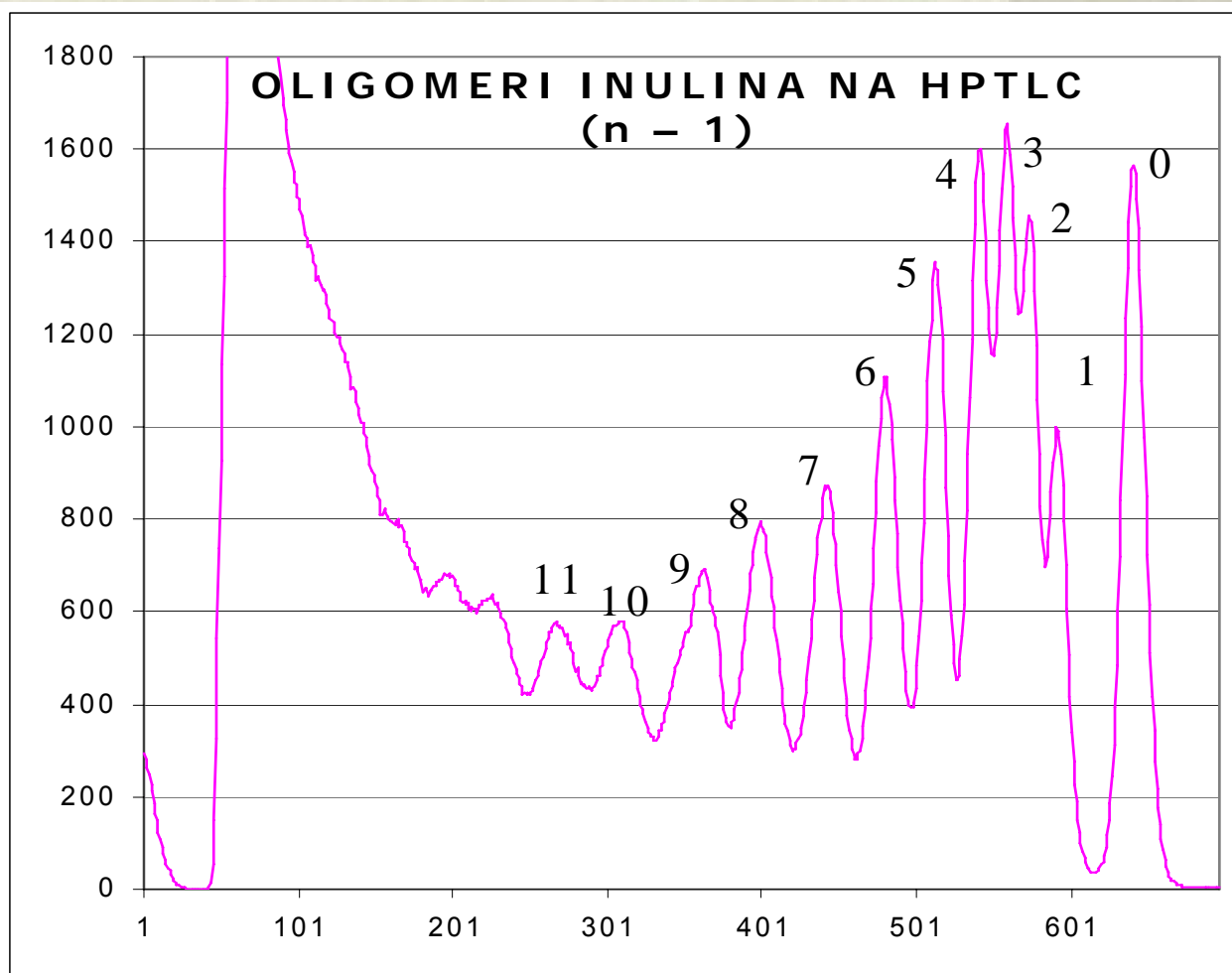
Inulins have a sweet taste and are present in many vegetables and fruits, including onions, leeks, garlic, bananas, asparagus, chicory, and Jerusalem artichokes.



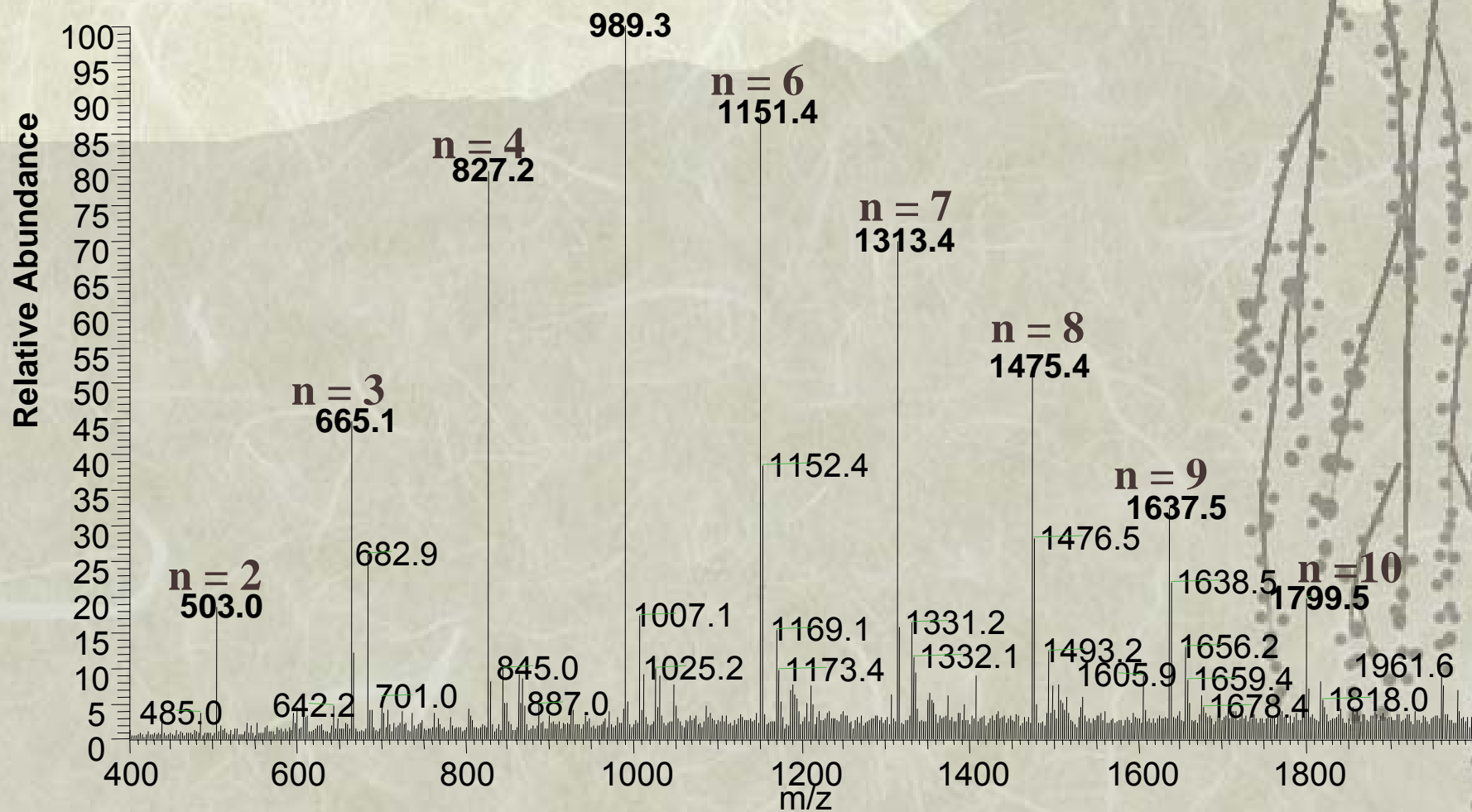
TLC analysis of standards and samples



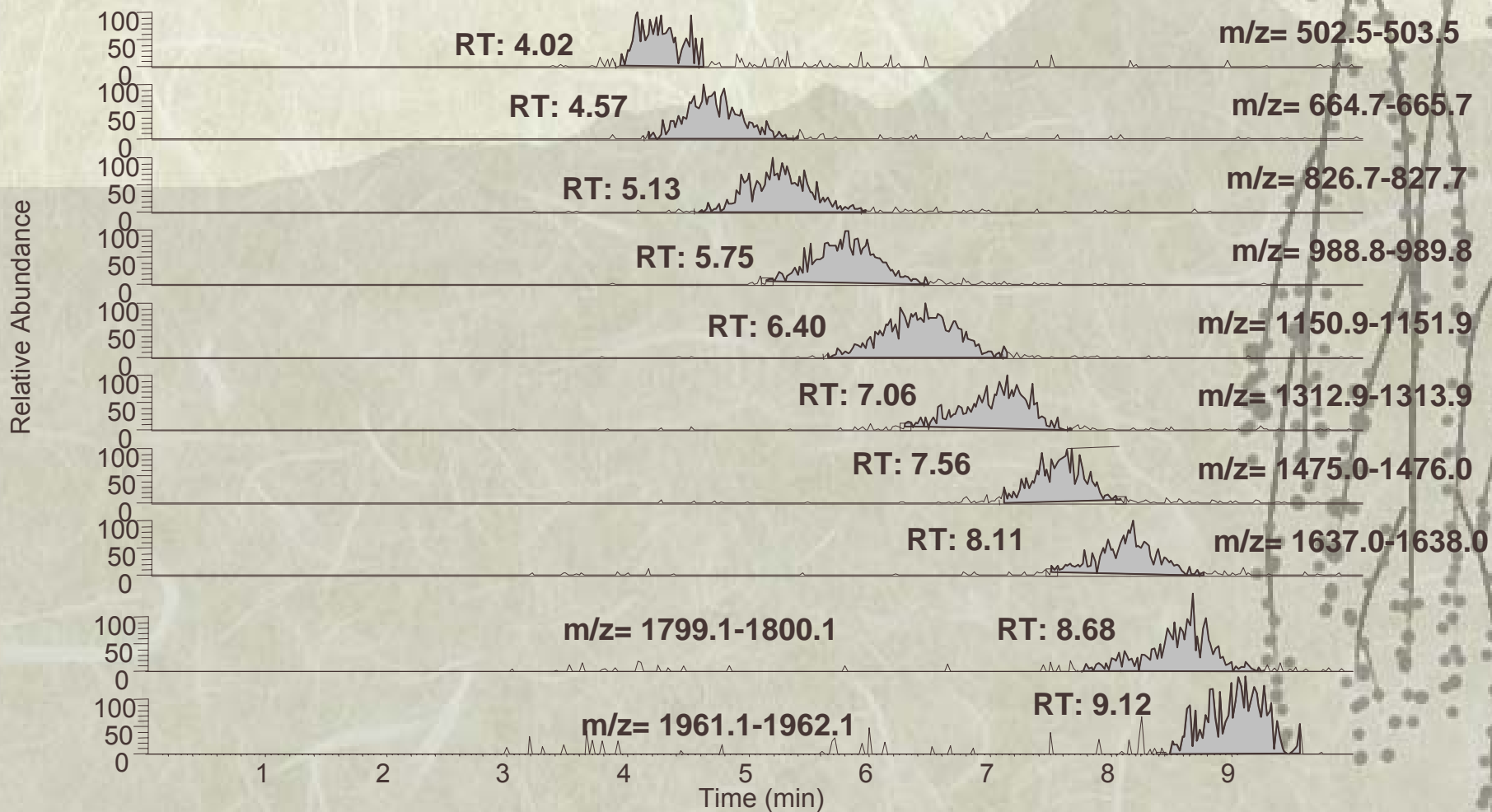
Densitogram of separated oligomers in an inulin sample



ESI-MS SPECTRUM OF INULIN OLIGOMERS [M-H]⁻



HPLC-ESI-MS ANALYSIS OF INULIN

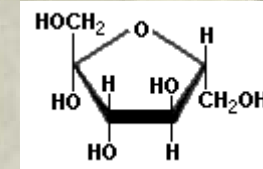


Quantitative determination of inulin in chocolate

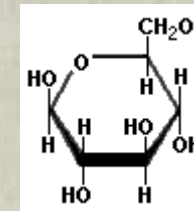
mean	RSD %	declaration	chocolatete
24.1	12.5	22.7	With nuts
23.8	15.2	25.8	Milk
23.5	4.3	22.0	Rice

Determination of sugars

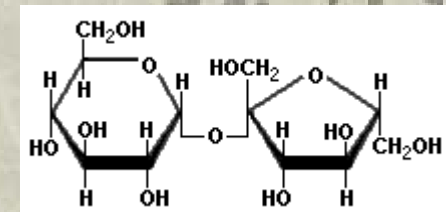
Fructose



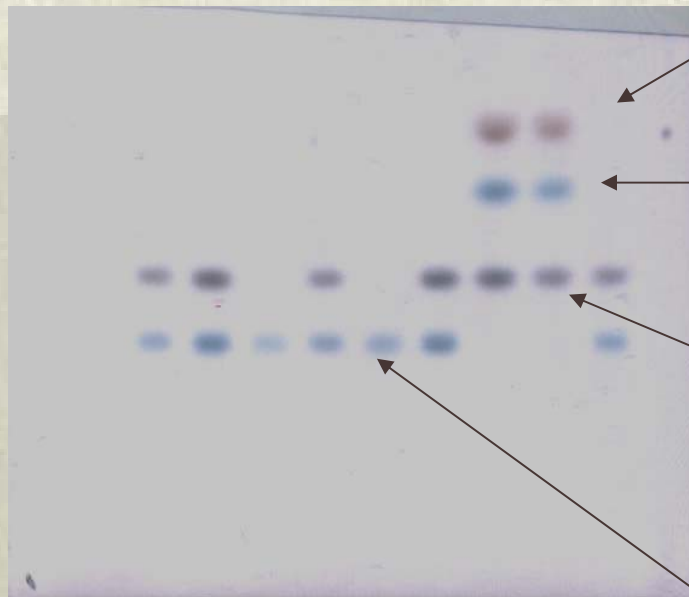
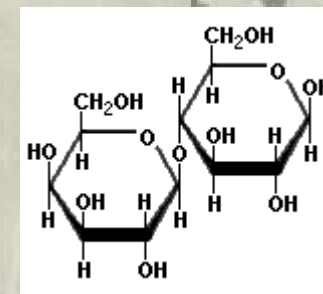
Glucose



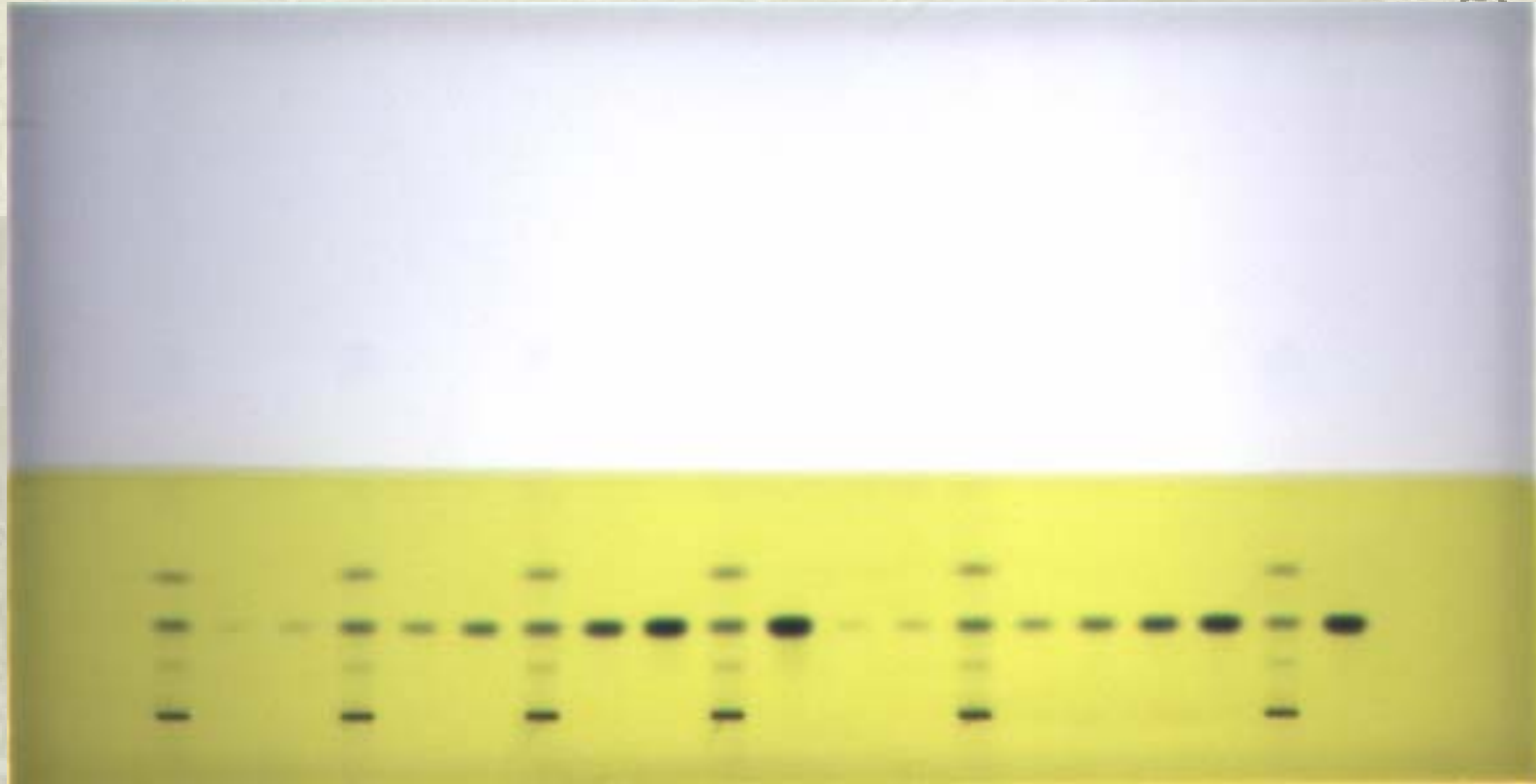
Sucrose



Lactose



Determination of cholesterol



Determinaton of alliin in commercial capsulas



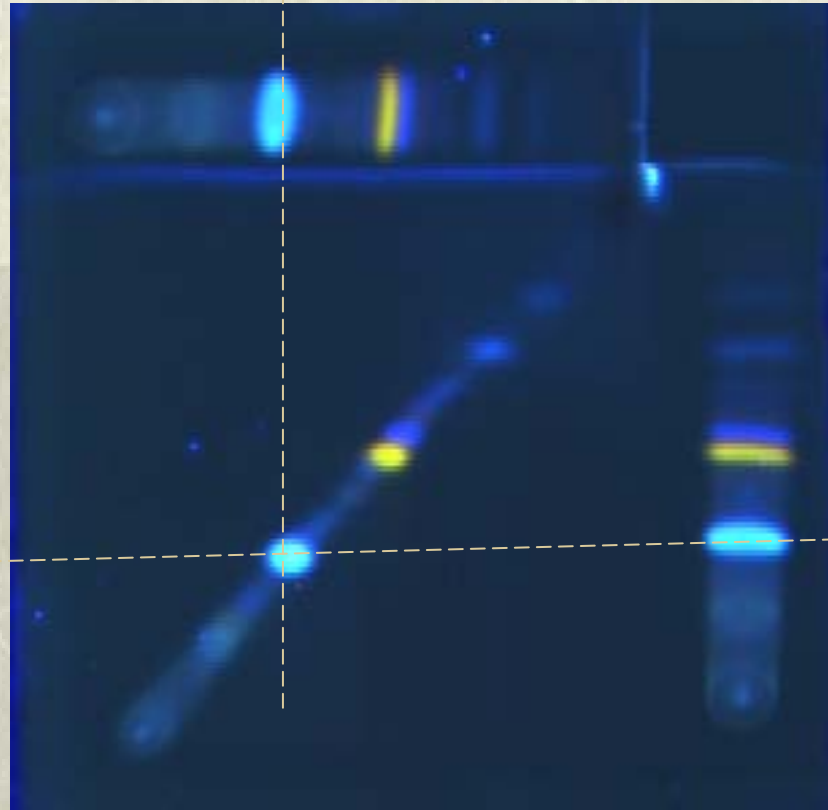
1 2 3 4 5 6

Extract from fresh garlic 1,4

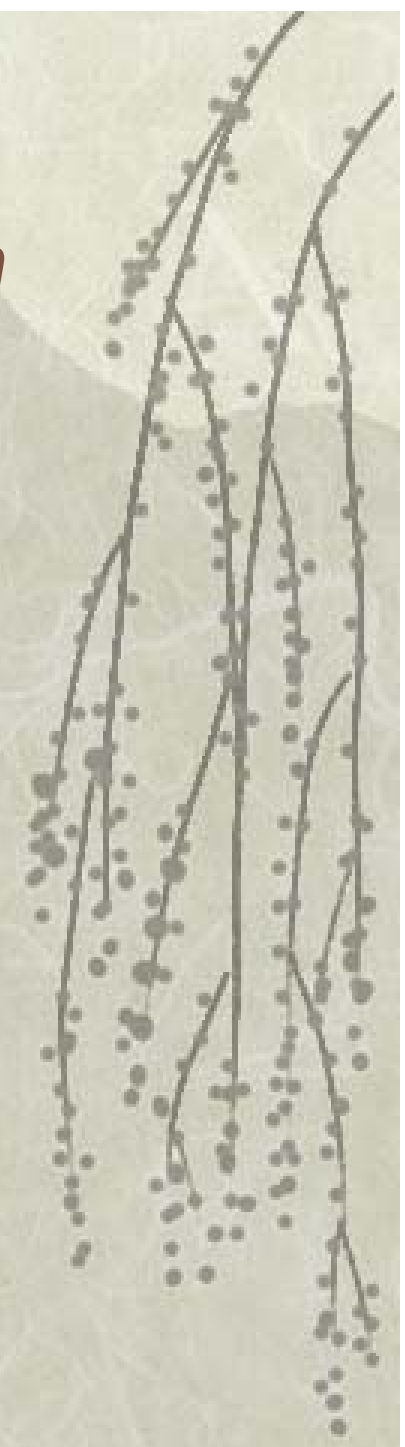
Extract from dry garlic 2,5

Commercial capsulas 3,6

Two dimensional separation of aloin



Standard 5 ppm



Conclusion

- ❖ Quantitative evaluation of components in food aditives and food samples is very important task.
- ❖ Different type of analytical methods can be used. From a simple spot tests to the most sophisticated combinations of separation and spectroscopic techniques.
- ❖ Unfortunately in food industry there is often not enough money for regular chemical inspection.
- ❖ Selected examples show how simple TLC can be succesfully used in real life. It is cheap, not complicated and very informative analytical technique.